

## David Friesen

### "Shake It Off"

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If it's the change, that you fear,  
It will always be right there.  
Weight on your back thorn in your side,  
Boy you can't run so don't even try.  
\*\*\*Cause the demons are right at your heels.\*\*\*  
\*\*\*Breaking you down making you feel,\*\*\*  
Like you wanna give up like you just gotta give in,  
Like your fighting a fight you know you can't win.

Don't you know you got to,  
Stand up, shake it off, look em in the eye,  
You might never get another chance to make things  
right,  
Don't pass it by.  
Haven't you ever felt like you never say all the things  
you wanted to say?  
This is your chance to so stand up  
\*\*For yourself, today's your day.

There's no easy way to go about it,  
Baby you can't doubt it. (nooo)  
When they can't hear you have to shout it,  
Cause some of us can't live without it!  
If it's the love that you need,  
You got to ask politely.  
But never settle for less than the sky.  
And if you walk out don't ever let them see you cry.

No, no, no,  
Stand up, shake it off, look 'em in the eye,  
You might never get another chance to make things  
right,  
Don't pass it by.  
Haven't you ever felt like you never say all the things  
you wanted to say?  
This is your chance to so stand up  
\*\*For yourself, today's your day.

come on...stand...come on...stand...  
I know your tired and you've had enough,  
Your bruised and torn and you wanna give up.

Well there's an answer, listen up:  
Sometimes, sometimes you gotta stand up (yeah)

stand up, shake it off, look em in the eye (c'mon)  
you might never get another chance to make things  
right  
don't pass it by  
haven't you ever felt like you never say all the things  
you wanted to say  
this is your chance to so stand up  
for yourself, today's your day

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