

## Solace and Stable "Adaptation"

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Is anything  
Really what it seems?  
Or is it natural devolution?  
I always trust in  
Things bringing happiness  
As if they'll always stay the same

But as enough time passes  
For me to trust in consistency

Adaptation  
To a life of loss and gain  
I promise this  
I will hold on

And things keep changing  
There's just no time to  
Make the adjustments  
In which these changes  
Demand from me  
Without great loss  
Count your blessings  
But don't hold too tight  
But as enough time passes  
For me to trust in consistency  
I turn around and it is gone  
Adaptation  
To a life of loss and gain  
I promise this  
I will hold on

Better days, brighter days, always make their way into  
our hearts suspending by the giving threads

The light will always penetrate the darkness  
The absence only temporary; wait for your sun to rise.  
The night exceeds in darkness before the break of  
dawn  
Your night exceeds in darkness before the break of  
dawn

I know your sadness, I know your pain

The winter passes and the light shines longest  
In the times we value life the least  
It's vital we rise above these feelings

There is a reason for this pulse, and a smile buried  
deep within this still face  
There is a heart beneath the hurt, and a long to be  
loved and returned  
There is a dream that never dies, that always keeps me  
pressing forward  
I have a purpose, I have plan, I have a life, while  
I'm still breathing.

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