Snow "Ease Up"

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Here's a real sad song, a song that must be sung Think about the days when we were young When we were kids, girl, all you wanted to do was play But that was then and look at how you're livin' today

It's making me sad and almost brings me tears But you may just open your eyes when the smoke clears

Girl what happened to the smile that used to gleam Once upon a time in your life, you used to dream

At the top of the swim team but now you're drownin' How quick, you change was the most astounding What you're gonna do is you against the world You started off being such a sweet girl

Times go by, and years they start to drift Now you're staring down a deep cliff You can pour but don't overflow the cup Girl, you better

Ease up
Slow down
Girl you better change your life around
(Ease up)
Slow down
Ease up
Slow down
Girl you better change your life around
(Ease up)
Slow down

No longer kids, now we're considered as teens Now we start learning what the letters in life mean You had a good home living the good life, who knows You might have made somebody a good wife

How is it wrong when things were just so fine Now you walk around, with a body with no mind You entered the gateway to all life choices Your brain was kinda hollow, so you followed the voices And you let it mislead ya, it took your body and soul And it said that it freed ya Each and every girl like you is a sad case You always have a pitiful look on your sad face

It could never be the way that it was
But if you are on the dope, then that's what the dope
does
If you pour don't overflow the cup
Girl, you better

Ease up
Slow down
Girl you better change your life around
(Ease up)
Slow down
Ease up
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Girl you better change your life around
(Ease up)
Slow down

And now it comes to the final solution Robbing and stealing and prostitution Can't you see that your world is in shambles Life is a big game with plenty of gambles

So much time, many things that are undone No longer you 'cause there's you and a young son You got one, there are girls with two or three Can't get a fix on 'em, it's driving 'em up a tree

Just stop and think of your young child
Before he winds up as a name in a closed file
As I reminisce and take a look back
I wish I knew what to do, to put you on the right track

But yet, the train that left the station And your money's on a permanent vacation now The more you pour, you overflow the cup Girl, you better

Ease up
Slow down
Girl you better change your life around
(Ease up)
Slow down
Ease up
Slow down
Girl you better change your life around
(Ease up)

Slow down

Ease up Slow down Girl you better change your life around (Ease up) Slow down

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