

Snot "Catch A Spirit"

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Catch a spirit

Spirit
Fly high
Soul rise
Rise above it

Catch a spirit, can you hear me

Spirit
You guide me
You lift me
Be with me

Spirit fly free
Fly free
With me
Rise above it

Catch a spirit, can you hear me?

Feel the pain feel the pain
Of a friend gone away
I feel your presence when I play
But I'm gonna lift myself up
I'm gonna get my head up
And when you see me from the clouds
Be proud...

Spirit I miss you
I feel you rise above it

Catch a spirit, please can you hear me

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