

**Thomas Howard Lichtenstein****"Stop This Train"**

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I can feel your pain but now you're doing it again  
You gotta stop or you'll never get away  
Lookin' in the mirror every day it's getting clearer  
You age five years on every birthday  
I can only tell you, I can't stop you from the hell  
You seem to live just to die and try again  
Rollin' down the tracks someday you're never comin'  
back  
But you're a fool 'cause you're on the wrong train

You gotta stop this train  
Before it takes you too far  
You gotta stop this train  
Don't you let it make you forget who you are

Now you're so confused and your ability to choose  
Is almost gone 'cause it's gone too far  
I can only tell you babe, you're looking like a shell  
How will you ever remember who you are?

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