

**Sizzla****"Blessings From Jah"**

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## Intro:

Ummm hmmm uh huh, HA!!!!!!!!!!!!!!  
Really and truly, we each pon in Jah side no one nuh  
betta than no one  
We Jah children we nah collide  
Really and truly, we each pon in Jah  
side no one nuh betta than no one we Jah children  
We nah collide

## Chorus:

I get my blessings from Jah my cup ovaflow,  
get yuh blessings from Jah yuh  
cup ovaflow  
I got my blessings from Jah my cup ovaflow,  
got my blessings from Jah my cup  
ovaflow

## Verse 1:

Survival is hard!!!!!!!!!! still we try,  
up pon di arrival we still keep we tie  
Love Jah and live and if yuh hate him yuh go die,  
no sickness nor disease  
for the people to cry  
We love and trust in di most high, nothin come between  
us, oh my  
Di love di cheers and di respect,  
dat's why, same ting fah it and everyone love INI  
Look and ova reach Jah but deny,  
try to teach di rest a people feel we got nuh tie  
Food to eat nuh time fi sleep and dat's just life,  
gunshot a beat so we  
wakeup sleepy eyes  
Tell mi, would yuh stand and watch di children die  
Fah hunga while yuh plunda in di riches and then don't  
realize,  
vanity fade  
Get di cloud in di sky tell nuh lie

## Chorus:

I take my blessings from Jah my cup ovaflow,  
get my blessings from Jah my

cup ovaflow  
Yuh get yuh blessings from  
Jah yuh cup ovaflow, get yuh blessings from  
Jah  
dat di heathen fi know  
Yuh get yuh blessings from Jah yuh  
cup ovaflow, get my blessings from Jah my  
cup ovaflow  
Get my blessings from Jah my cup ovaflow,  
get yuh blessings from Jah yuh cup  
ovaflow WHOA!!!

Verse 2:

They say money make di world go round tell mi  
would yuh kill yuh bredda fah  
a dolla in yuh zone  
Love one anodda all good times is around  
Oy! Di words of di wicked will have to go down  
Badmind and jealousy not good for your health,  
hatred then envy di whole a dem go melt  
Sistas and yuh brothas yuh fi help, rememba seh a  
each one teach one  
nothin  
else

Chorus:

I get my blessings from Jah my cup ovaflow, get yuh  
blessings from Jah  
yuh cup ovaflow  
Get a blessing from Jah yuh cup ovaflow, get yuh  
blessings from Selassie

then di heathen fi know  
Yuh get yuh blessings from Jah yuh cup ovaflow, get  
yuh blessings from  
Jah yuh cup ovaflow  
Get yuh blessings from Jah yuh cup ovaflow, I get my  
blessings from  
Selassie  
I di heathen fi know

Verse 3:

Really and truly, we each pon in Jah side no one nuh  
betta than no one  
We Jah children we nah collide  
Really and truly, we each pon in Jah side no one nuh  
betta than no one,  
hey,  
yo  
Live by di works, sing praises and gwaan  
Di wicked nah go nuh wey yo through di work weh dem

perform  
Don't kill, don't steal, don't scorn, yo, life a blessing  
when likkle  
babes dem weh born  
Life is real and life is perfect yo, Jah I need and, Jah  
guide your step  
Yuh see mi strive in life don't vex yo, a just di clean  
heart, a just di

clean flex

Chorus:  
Soon my cup ovaflow, get my blessings from Jah my  
cup ovaflow  
Get my blessings from Jah my cup ovaflow  
Mi get di blessings from Selassie a this di heathen fi  
know

Repeat Verse 1 & Chorus till end

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