

## **Sick Of It All** **"Consume"**

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No use ignoring me, I represent the darkest thing you feel  
No use avoiding me, I'm woven in the fabric of your being  
Don't back away from me, I feed on apprehension and fear  
Don't back away from me, don't blind yourself  
To what you really should be seeing

A part of you that will consume if given the chance to  
A part of you that will abuse whenever allowed to  
A part of you that will consume if given the chance to  
A part of you that wants to see you lose it all

Come on, come on see what you get  
Come on, come on when will you

Come to terms with what's inside  
Come to terms with what you try to hide  
Come to terms with what's inside  
Come to terms with what you try to hide

Emotion overload, might really mean the end of the road  
Emotion overload, might mean the end of everything you know  
Emotional check, just might reveal emotional wreck  
Emotional check, just might reveal your weakness  
'cause you've finished

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A part of you that will abuse whenever allowed to  
A part of you that will consume if given the chance to  
A part of you that wants to see you lose it all

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