

## Seethings

### "Release"

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A body moves in front of you  
Can you tell just who it is?  
Somebody pulls the brakes for you  
But do you know who that is?

Something acting candid and allowing you to feel

So can you sense the touch upon you making you feel  
uncomfortable?  
And did you catch a glimpse of anger when you  
couldn't see?

Something acting candid and allowing you to feel  
another disillusion?  
You know it must be real  
Caught around your hollow surface breathing in and I  
sense  
Somebody empty needing emotions that's why I'm here

Did you ever think your sorrows could not be released?  
And did you feel inadequate when you knew not why  
that was?

Try to focus straight and then try to settle down  
It will come to you and then you know it must be real  
Caught around your hollow surface breathing in and I  
sense  
Somebody empty needing emotions that's why I'm here

Seething inside  
Breathing outside  
Nearly there and you know someone is always better or  
worse off than yourself

Know you should  
But you won't  
Can't allow to show your feelings  
Listen in  
Concentrate  
Bare your heart and mind for your own sake  
And scream!

Caught around your hollow surface breathing in and I  
sense somebody empty  
Needing emotions that's why I'm here

Seething inside  
Breathing outside  
Nearly there and you know someone is always better or  
worse off than yourself

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