

Carter Aaron**"Stride"**

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(feat. No Secrets)

Here we go

Here we go

The name is AC

And I'm here to make it hot

I step into a room you could hear a pin drop

Now I know you know

I rocked alot of tunes

Ryhme so high, I fly ya to the moon

Don't try to take me out

I'm the one who beat Shaq

Said come and get it

and told you where it's at

9 o'clock on the dot

I partied down the block

I get my crew together

And I make a pit stop

Grab Kara, then Sara

Lisa, Mandy, and Tara

I got Jenny

Then Jessie

Now we're all chillin'

Jump On The Fizzy

Ain't nothing gonna break my stride

You know we're gonna hold it down

Well, we're gonna keep it movin'

Ain't noting but a good time

Yeah, we're gonna shout it loud

Well, we're gonna keep it movin'

(Jump On The Fizzy)

(Jump On The Fizzy)

So listen up

Check it out

Cuz this is kinda phat

No I ain't crazy

I'm an animaniac

Bustin rhymes like Leanne
Can you kick it (Yes I can)
Ain't no fanatic
I'm just a big fan
Take your left hand
Right hand
Raise em to the sky
Take one step back
And one to da side
11 O'clock on the dot
The party's getting hot
All the girls on the floor
Hear my beat drop
Yo Kara and Sara
Lisa, Mandy, and Tara
Yo Jenny and Jessie
We're all chillin'

Jump on the fizzy
Ain't nothing gonna break my stride
You know we're gonna hold it down
Well, we're gonna keep it movin'
Ain't noting but a good time
Yeah, we're gonna shout it loud
Well, we're gonna keep it movin'

Put your hands up
(Jump on the fizzy)
Put your hands high
(Jump on the fizzy)
Well beat is crackin' loud
And we're bouncin' wit the crowd

Put your hands up
(Jump on the fizzy)
Put your hands high
(Jump on the fizzy)
Ya know we're goin'
We're goin' real strong
DJ put a lil guitar in my song
Jump on the fizzy
Here we go
Put em up

Ain't nothing gonna break my stride
You know we're gonna hold it down
Well, we're gonna keep it movin'
Ain't noting but a good time
Yeah, we're gonna shout it loud
Well, we're gonna keep it movin'

[Fades...]

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