

## Shelter "Rejuvenate"

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I feel the pressure pinching  
I feel it strangulate  
Although I'm on a path  
I get enticed to deviate  
Sometimes life is peircing  
Just want to intoxicate  
And run away from all the pain  
And no longer participate, enough  
Contemplation, meditation, restoration  
No more frustration  
We work until we break, I say break away  
How much more can I take ?  
Rejuvenate  
I know this world can get me back up against the wall  
Sometimes I feel as if there's gonna be a brawl  
Sometimes I throw my hands up  
Sometimes I sit and cry  
And wonder if there's one that cares  
If I live or die, enough  
We give ourselves  
But we major in many minor things  
There's no one else  
To change the way we're living  
We must be the one

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