

Cat Empire, The "One Four Five"

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Listen doctor I have pain
that grows inside myself
shelf me please
I just can't ease the pain
I need some drugs to help
ah pollution fills my lungs
and convolution fills my mind
ah my legs do ache
I contemplate
that living's less than fine
my spine does tingle
when I think of being
freed from this curse
but what is worse I feel
life is a bubble
blown until it's burst
oh doctor I am desperate
to get rid of this feeling
oh doctor I am desperate
for some good soul healing

The doctor turned and gave a grin
and reached into his bag
but instead of an injection
got a record with a tag
that said listen to this daily
with hip shaking and such things
then he puts the record in
grabs a mic and starts to sing
you need some

One four five
to make you high to make you high
to make you high to make you high
when heaven falling from the sky
to make you high to make you high

Doctor I am feeling better
what was that you sang
did you write it or recite it
or just steal it from a band

ah my bones are feeling stronger
and my spirit's feeling fresh
ah that dose of 145 has put the life
back in my breath
'yes yes yes' the doctor said
then he sat me down and say
'young man don't think I wrote
these chords they're written in
your brain'
and when you hear them
there's a shakedown that begins within
the mind
cos these three chords make people
feeling better all the time ah
they keep repeating
like a scratch on a cd
but it's quality cos these three harmonies
breed positivity
protecting against insanity
of modern insecurities
believe me when I tell you
all you need is to be hearing all that

One four five
to make you high to make you high
to make you high to make you high
when they said what and you said why
to make you high to make you high

The doctor turned and gave a grin
and reached into his bag
but instead of an injection
got a record with a tag
that said listen to this daily
with hip shaking and such things
then he puts the record in
grabs a mic and starts to sing
you need some

One four five
to make you high to make you high
when you could not count to pi
when you're told you can't fly
to make you high to make you high

times like these you need some
One four five hhhuummnn

