

Shannon Noll

"The First Time"

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Too many years of trying to fool myself
Nothing's wrong so just carry on, carry on
Just sing another song ohhhhh

I tried to find someone to feel my pains
But no-one knew the depth of the damage I'd done
Not a single one
But then I came to find beneath my pride
That the cross to bear was mine

I'm not afraid at all to take a look inside
I'm not afraid at all to see the mess I hide
I'm not afraid at all for the first time in my life

I had to stand aside and watch me fall apart
I had to wear the blame for the broken hearts
I had to face it all for the first time in my life, for the
first time

I pushed away the people who really cared
I put my trust in things that would bring me undone
And they nearly won ohhhh
But before I let them count me out
I threw away my fear or doubt

I'm not afraid at all to take a look inside
I'm not afraid at all to see the mess I hide
I'm not afraid at all for the first time in my life

I had to stand aside and watch me fall apart
I had to wear the blame for the broken hearts
I had to face it all for the first time in my life

When you're feeling like the mirrors showing back at
you a different face
When you're trying to find the stronger you that you
believed in yesterday

Don't be afraid at all to take a look inside
Don't afraid at all to see the mess you hide
Don't be afraid at all, yeah yeah yeah yeah

I'm not afraid at all to take a look inside
I'm not afraid at all to see the mess I hide
I'm not afraid at all for the first time in my life

I had to stand aside and watch me fall apart
I had to wear the blame for the broken hearts
I had to face it all for the first time in my life, for the
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Thanks to feel

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