

## Release The Sunbird

### "The Truth"

Visit "[The Truth](#)" on [MotoLyrics.com](http://MotoLyrics.com)

And I've collected all these thoughts  
And I'm dying just to lose them  
And if your words are true or not  
I'll die trying to prove them  
But I'll just have to accept  
That my mind is so inept  
And the only thing that's left  
For me to do is to trust you

Convince me  
Because I really need your help  
Oh convince me  
Because I can't see this for myself

I'll put the emphasis on the evidence  
Begging for the proof  
Sometimes the hardest thing to believe is the truth

This is so unnerving  
I know you've never lied to me before  
But the things you're telling me  
I can't yet believe  
Yet can't ignore  
But I'll just have to accept  
That my mind is so inept  
And the only thing that's left  
For me is to trust you

Put the emphasis on the evidence  
Begging for the proof  
Sometimes the hardest thing to believe is the truth

It's a world full of cynics  
Who say to stay alive in it  
You gotta stick with what you know  
But the soul is always aching  
For the heart to start taking  
A chance by letting go

So let go  
Let go

Sometimes the hardest thing to believe is the truth  
Attempt to place our lives into your hands  
Confide in what you'll do  
Cause sometimes when you're trying to sleep  
And all your doubts and your faith don't agree it's  
cause  
Sometimes the hardest thing to believe is the truth

Visit [Release The Sunbird](#) page on MotoLyrics.com, to get more lyrics and videos.

---

[MotoLyrics.com](#) | Lyrics, music videos, artist biographies, releases and more.