

## Release The Sunbird

### "Bite My Tongue"

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I was gonna spell it out  
In detail but  
I dropped the call  
Before I spilled my guts  
The floor stayed clean  
Like my conscience would be  
'Cause if you heard anything  
You didn't hear it from me

I'm sweeping up the seconds  
That tick off the clock  
Save them all for later  
When I'm too ticked to talk  
And I need some time  
To search my mind  
To locate the words  
That seem so hard to find

And sometimes I say things that  
I wish that I could take back  
The most crucial thing I lack is  
A thing called tact  
And if your hour's so intently listening  
Then the smartest thing to say  
Is to tell myself not to say a thing

Yeah I gotta keep quiet quiet  
Don't let it all come undone  
'cause if I dare open my mouth  
It'll just be to bite my tongue  
To bit my tongue

I said I'm always close-minded  
With an open mouth  
And the worst of me  
Seems to come right out  
But I've never broken bones  
With a stone or a stick  
But I've conjured up a phrase  
That can cut to the quick

And sometimes I say things that  
I wish that I could take back  
And the smartest thing to say  
Is to tell myself to keep

Quiet quiet  
Don't let it all come undone  
'Cause if I dare open my mouth  
It'll just be to bite my tongue  
Yeah I gotta keep quiet quiet  
Listen to your voice  
Because the power of your words  
Can repair all that I destroyed

And when I finally do  
Let it come from you  
The peace of understanding grips my soul  
The reason I  
Have meaning in this life  
Is so I swallow all my pride  
And give you control  
I give it all to you

And I gotta keep quiet quiet  
Don't let it all come undone  
'cause if I dare open my mouth  
It'll just be to bite my tongue  
I gotta keep quiet quiet  
Listen to your voice  
Because the power of your words  
Can repair all that I destroyed  
And I gotta keep quiet quiet  
Don't let it all come undone  
'Cause if I dare open my mouth  
It'll just be to bite my tongue  
Bite my tongue

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