

## **Bless 1**

### **"The 7th Day"**

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#### Verse 1:

I used to toss the leather before I got my thoughts  
together  
Then my innocence was lost forever  
Years before I started creating clever  
Ways to fuse words and unloose herds of never  
Chopped samples I've seen many a dreams trampled  
By the same boots of men that birthed it  
Ample room to grow I more than physically had  
Growth is charted by my spiritual Dad  
Uncomfortable in every hat placed on my head  
By loved ones who enriched me to flower like bleached  
bread  
Force fed knowledge, regurgitated the truth  
Only to finally cherish what I spat on my shoes..Damn

#### Phone Conversation:

"..music and the body, how music soothes the body.  
You ever felt music going through you nephew?"  
"Oh, all the time man, so you was.."

#### Chorus 2x:

This is the way that I always dreamed of feeling  
I heard a rapper say music is pure healing  
Colors blast, I feel like I'm living at last  
I've settled in like the 7th day of a fast

#### Verse 2:

You might not understand the things I say  
Shut my eyes in the way of church elders when they  
pray  
Body rigid, visit the inner, I'm the host  
Trying to describe how I finally felt when I chose  
And sold the vehicle, walking and it's beautiful  
Punch out beats for breakfast and lunch  
Write songs by the glow of the moon  
Business men tell me that I'm mad or emotionally blue

Turn my back on stable living through mic cables I'm  
giving  
What's true to me, no longer budged by scrutiny  
A stack of records, a box of noodles,  
Paper to doodle on and I'm good now do you homie

Chorus 4x:

Phone Conversation:

"Music soothes the body."

"Yeah."

"Ok, it brings about a..it..it.. Music can change the  
body's mood

Music can make you more hype or make you more  
relaxed. Right?"

"Yeah"

"It's human nature. So.."

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