

## **Shadows Fall**

### **"Eternity Is Within"**

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Man has programmed himself to die  
A death wish has been ingrained  
Almost with our first breath  
We are taught to expect our last

Science has done its best to choke off  
The true instincts of mankind  
Death is impatient and thoughtless  
Mortality is a disease of the mind

Embrace the gifts before you  
Paradise is underfoot  
Eternity is within

Lost sight of the bounty before us  
Boundless resource of pleasure and plenty  
Living for an intangible  
In a future clouded with doubt

Embrace the gifts before you  
Paradise is underfoot  
Eternity is within

Every step forward  
Is one step deeper into the grave  
Breathe, breath of life  
Breathe, breath of life

Embrace the gifts before you  
Paradise is underfoot  
Eternity is within

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