

Sesame Street "Take A Rest"

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Cookie Monster: Hi Bob

Bert & Bob: Hi Cookie Monster

Bob: You know, Cookie Monster, you look a little tired

CM: Uh Bob. You right. Me just ate whole box cookies
and me feel a little tired

Bert: Well, you know, I just spent a whole hour playing
with my paperclip collection, and I'm feeling a little
tired myself

CM: Well, you know what that mean?

Bert: No I don't. What does that mean?

CM: It mean it time to do very special thing

Me take a big box of cookies from the kitchen
Me eat them all 'till me tummy start to ache
So before me eat another box of cookies
There is one more thing me take

Me go and
Take a rest yeah
Me take a rest
Put me head on me pillow and me hands on me chest
Me love eating cookies
But sometime it best
To take it slow
Take it easy
Take a rest

CM: Hey Bert - you ever take a rest?

Bert: Oh sure Cookie; if you're an active kind of guy like
me - you have to

Sometimes I take a walk around the corner
Sometimes I take a run around the block
Sometimes I take out my paperclip collection

But every day at 2 o'clock

I go and
Take a rest
I take a rest
Put my head on my pillow and my hands on my chest
I love being busy
But sometimes it's best
To take it slow
Take it easy
Take a rest

Bert: Hey Bob, do you ever take a rest?

Bob: Sure I do, Bert. Everybody takes a rest sometimes.
Listen, I'll tell you about it.

You know your body likes to go out playing
But then it likes being quiet too
So when your body starts to tell you that it's tired
There is just one thing to do

Just go and
Take a rest
Just take a rest
Put your head on my pillow and your hands on my chest
It's fun to be busy
But sometimes it's best
To take it slow
Take it easy
Take a rest

Bert & CM: Everybody

All: Take it slow
Take it easy
Take a rest

Bert: Even softer

All: Take it slow
Take it easy
Take a rest

CM: Oh. Me so tired

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