

## Sesame Street "Bones (inside Of You)"

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Feel your fingers, feel your toes  
Grab your elbow, pinch your nose  
Touch your ankle, tap your knees  
Give your chin a little squeeze  
You'll feel something hard inside  
And it can not be denied  
What you feel seems hard as stone  
And it's something called the bone

Oh there are bones, bones, bones, bones  
Bones inside of you  
Bones, bones, bones, bones  
More than just a few  
So many you can count them  
Amazing but it's true  
There are bones, bones, bones, bones  
Bones inside of you

There are bones inside your hand  
In your feet to help you stand  
In your elbow and your heel  
Lots of lovely bones to feel  
Though your bones are hard to see  
Still you have them just like me  
They are not outside but in  
Yes they're underneath your skin

Yes there are bones, bones, bones, bones  
Bones inside of you  
Bones, bones, bones, bones  
More than just a few  
So many you can count them  
Amazing but it's true  
There are bones, bones, bones, bones  
Bones inside of you

(spoken)

Now, when you put all those bones together, you may come up with something we call a skeleton. Remember that word, it's one of my favourites. And now, boys and girls, I will tell you what happens if you didn't have any bones ...

(sung)  
If you had no bones at all  
Then you couldn't run or crawl  
And you couldn't stand up straight  
Or eat dinner off your plate  
Without bones we'd all fall down  
Just like puddles on the ground  
Just like melted ice-cream cones  
If we didn't have our bones

Yes, there are bones, bones, bones, bones  
Bones inside of you  
Bones, bones, bones, bones  
More than just a few  
So many you can count them  
Amazing but it's true  
There are bones, bones, bones, bones  
Bones inside of you

(spoken)  
And now the most fun of all, I will count all the bones I  
can think of. The toe bone, that's one, the heel bone is  
two, the ankle bone is three, shin bone, four, knee  
bone, five, hip bone, six, rib bones that's seven, eight,  
nine, ten, eleven ... I love counting bones, ah, ah, ah,  
ah!

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