

## **Semisonic "Get a Grip"**

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Lonely boys and you lonely girls  
Here at the end of the lonely world  
You're findin' out  
If there's someone to cry about

Lonely girls and you lonely boys  
Playin' alone with your lonely toys  
Well don't be blue  
'Cause there's no one to play with you

Get a grip on yourself you know you should  
I got a grip on myself and it feels good  
Get a grip on yourself take my advice  
I got a grip on myself and it feels nice

When the lights come on and the party's through  
There are always a few with nobody to do  
Well now don't despair  
You'll eventually get there

And meanwhile all of you lonely ones  
Here's what to do while you wait for the sun  
To rise above  
The loneliest kind of love

Get a grip on yourself you know you should  
I got a grip on myself and it feels good  
Get a grip on yourself take my advice  
I got a grip on myself and it feels nice

Well it feels nice  
Yeah it feels nice  
Well it feels nice  
Yes it feels nice

If you're looking for someone  
To get a grip on you  
First you gotta get a grip on yourself  
It's true

Get a grip on yourself you know you should  
I got a grip on myself and it feels good

Get a grip on yourself take my advice  
I got a grip on myself and it feels nice

And it feels nice  
Yeah it feels nice  
Well it feels nice

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