Bedard Dominique "Cholesterol"

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Yeah, what, Vast Aire,; Shell Shock..

It's that gravy, you know what I'm saying?

This goes out to my beloved Family of Atoms

(That's my word, I love them)

This goes out the Indelible MC's - you know they STAY unmovable

This goes out to Bay of Pigs Hail rock

Power Kingdom, last but not least

Golden Money Clan, You know T-1, a.k.a. Shell Shock, c'mon

And I'm Vast Aire - 'nuff said

Now, let us build upon this issue

If the Highway to Heaven is narrow, then sinners acts as fat tissue

And as one can see, I have no space!

But I remain on the positive scale-weight of the galaxy

What, you wanna fix fallacy?

You can run around the world twice chasin' chastity

What in the Hell possessed you? Don't you know I m

Cannibal?

That means when I'm rhyming that I get down to the bone gristle

I start lickin' my fingertips in the cipher

See, naturally, I'm higher than

That's right, above any (any) homegrown

THC Herbal[???]provider

But that's beside the point

Tell me who's gonna hold the weight?

I can't wait any longer

I'm ready to hold plates with Jehovah

Using Neptune's fork, telling Zeus to move over

I'm here before dinner

Clearing the Periodic Table of Elements off

Then I'm supplying a tablecloth

Yo, you can catch me, analog mic hog

I can't feel rhythms without cholesterol

After all, you must learn to

Examine the appetite

Within the nuclei

Within the presence of the omnivore's eye

That is I And when sunlight shines off my throat We call it the solarflex larynx lorax smoke For the trees

This is real life, and I'm Vast Aire I usually speak for calories[???]

Skinny MC's trying to start somethin'
Bulimic MC's trying to throw something up
I can fondle around the outskirts of diets
A donut at midnight ain't nuttin'
I'm a glutton!
Now let's build upon this issue
If the Highway to Heaven is narrow, then sinners acts as fat tissue
And as one can see, I have no space!
But I remain on the positive scale-weight of the galaxy
What' you wanna fix fallacy?
You can run around the world twice chasin' chastity

And all that - you nah'mean?
It's T-1 and Vast Aire
The bassline is like biscuits and gravy, nah'mean?
Yo I'm Vast Aire, I'm not a hard MC
I'm not a hard MC - I'm Vast Aire
I'm not a hard MC - I'm difficult

I'll stand up brewin' hot pots of piety hip-hop The gluttony inside of me won't stop Yo, it won't stop If you can't have your cake and eat it, you never had it Anyway, plus it ain't even your birthday gimme that! Now you cramped up my flow has that ability You should have waited 30 minutes to press play Oh, you'e a fad MC? Well if you don't say You grab at the mic, and all I see is a ribcage Vast is the vitamin MC you never believed in So I vanished you, due to malnutrition MCs are too bloated Thought they were fat but they only retained water You know them the sluggish type, they get led to the slaughter Is you fugeze?

Is you fugeze?
The Ethiopians praise me
The Black god chubby thoughts and a chubby belly
You feelin me? (YEAH!) You feelin me? (YEAH!)
Do you wanna hear a little more? (HELL YEAH!)
The beautiful balance of life
You don't want me to sit on the other end of the see-saw

'Cause you're afraid you might see more You might see more

T-1, he up on it, you know what I'm sayin'? Yo, I'm Vast Aire I been on it Vordul, he up in here... uh, what?

[ad libs and samples until end]

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