

Mz7

"Guilty"

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When you're feeling lonely
Sand under your feet
The shells are washing ashore
The shining sun sets right before your eyes
A weight so heavy sits directly on your shoulder
In your heart
Why so sad?

Carrying this burden is so hard
Hope just feels so far away
Out of reach
Hating yourself for what you did
Believing you've hurt someone special
Someone close to you
Pushing away from keeping close
Eating you away from the inside

We all feel this way every now and then
Open up inside

Hold out your hand
Give the pain away
Free your mind
Let go of your guilt

It will rise again tomorrow
The sun that insist on shining
Another day to walk the beaches filled with sand
Just waiting for you and me
Still holding on that sense of failure?
It will only bring you further down
Seeping ever so deeper into depression
Eating you away from the inside

We all feel this way every now and then
Open up inside

(break)

Love
Is the thing that brings us together

Hope
Brings us higher
Desire
Enriches us within
Despair
Only sinks us further down
Further down
Down

We all feel this way every now and then
Open up inside

Hold out your hand
Give the pain away
Free your mind
Let go of your guilt

Hold out your hand
Sand under your feet
The shells are washing ashore
The shinning sun sets right before your eyes
Let go of your guilt
Stop feeling so guilty

7/20/10

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