

Beneficial

"Welcome To The Roc"

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Rochester New York
Home of the brave
Where shook ones get put in comas and graves
It's real in the ROC
Mamas ride and clap at ya
How you think we got most homicides per capita?

ROC town is real
If you flashin' Canons like Kodak know that is founded
here
Like the Eastman House, Xerox, Bauch and Lomb
Top 20 of the cities where they drop a bomb
A city thats down to earth
Where clowns get merc'd
Not all glitz and glittery but rich in history
Many slaves be pickin' they locks to get to the ROC
One of the underground railroad's pivotal stops

Where the sky is the limit no room for a canopy
Home of Fredrick Douglas and Susan B. Anthony
Reppin' my town, my rest and my fort
Where I laugh love and live,
Rochester New York

They hate jake at Chase Cake
Rochester New York
It ain't safe in upstate
Rochester New York
The betters playin' dice for keeps
Rochester New York
The weather change twice a week
Rochester New York
It's the 585
Rochester New York
I'm just tryin' stay alive
Rochester New York
Rochester I'll rep ya 'till all of my breaths gone
NY never sleeps
ROC city gets slept on

Yo you on vacation

Prepared for a break?
Got dough?
Head to Six Flags Darien Lake
NY's coaster capital
But you need g's
So if you strappin' cash
Head over to Seabreeze
My mall is Greece Ridge
We got Marketplace and Eastview
Irondequiot's for you
If you are afraid of people

We built the Erie Canal
The ferry to Toronto
And the Genesees in the
Same league as the Nile
We not known for caviar
And steak
But a chef
That can touch Tahoes
With his Garbage plate

Got sports of all sorts
The ROC has it all
Whether soccer hockey footbase
Or basketball
You can check the record books for
The Royals and the Amerks
And we got the Rhinos, Redwings and the Rattlers

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Yo you got O block

My part of town
Where niggas is spark
To split when the pows around
And I'll laugh with the
Evening of life
You guaranteed to see
The ugliest prostitutes
You've seen in your life

Them Hudson boys
Click the body kits
And clap for no reason
Like an in sync audience
Ricans want Clinton
Niggas just don't know
That's what all of the street signs
Are in espangol

The eastside is all frolick and foe
Keep needin' the coke
That's why they catch more
Bodies than colds
In the west if theres beef
Then the heat is gonna sizzle
When you can't trust niggas
You meet when you was little
Cause life is like golf and thats word
The mean niggas only worry bout
Gettin birds and greens

That's how it is in my city, my rest and my fort
Where I laugh love and live,
Rochester New York

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(x2)

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