

## Sandwich

### "This Is Me"

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Some people go through their lives  
Lost in confusion - yeah  
Pretending to be something else  
Creating illusions - yeah  
But how can you find the love you need  
If the vibes you giving ain't real  
What you see is what you get - it's no big deal  
So step out into the light of day  
And say what you mean and let your soul be free  
Chorus  
Say what you say  
And do what you do  
Be proud of yourself  
There ain't no-one like you  
Don't give in to hate  
Let love be the key  
Stand up and say - this is me  
Say this is me  
Some people worry too much  
What others are thinking - yeah  
But you got to remember one thing  
It's not your life they're living - no, no  
What have you got to lose by being honest with  
yourself  
Find out who really are your true friends  
So step out into the light of day  
And say what you mean - and let your soul be free  
Chorus  
Say what you mean  
Say this is me  
Say what you mean  
Say this is me  
But how can you find the love you need  
If the vibes you giving ain't real  
What you see is what you get - it's no big deal  
So step out into the light of day  
And say what you mean and let your soul be free  
Repeat chorus to fade

