

America "Cast The Spirit"

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When you feel down and you've nobody to turn to
When you feel you're about to give up
The sun goes down and darkness surrounds you
And it's runnin' dry in your lovin' cup

Cast the spirit, cast it out
If it's in your body, then let it out
Put out the fire, let it cool down
If it's in your tears, then let it drown

Oo, oo, oo, oo, oo, oo, oo, oo
Oo, oo, oo, oo, oo, oo, oo, oo

You can't ignore the feeling inside you
In your mind you're without a friend
The spirit is there, it's in every doorway
You say to yourself, will it ever end

Cast the spirit, cast it out
If it's in your body, then let it out
Put out the fire, let it cool down
If it's in your tears, then let it drown
Oo, oo, oo, oo, oo, oo, oo, oo
Oo, oo, oo, oo, oo, oo, oo, oo

When you feel down and have nobody to turn to
You say to yourself, why can't it be
The sun goes down and darkness surrounds you
You feel you want to be free

Cast the spirit, cast it out
If it's in your body, then let it out
Put out the fire, let it cool down
If it's in your tears, then let it drown

Oo, oo, oo, oo, oo, oo, oo, oo
Oo, oo, oo, oo, oo, oo, oo, oo

Cast the spirit
Cast the spirit
Cast the spirit ...

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