RZA "Mantis"

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The technique, depends mainly
On arm and finger strength
Once you've that, then the next step
Is to learn how to pierce stone

Well, you might as well start practicing now Do you-do you, do you know, mantis legends? How it was it all started? It was fighting off this blackbird

Although it was only a tenth of the bird's size
It was a very valiant insect
And that's why the technique, needs a brave man
And a strong one, who isn't afraid of birds

Welcome back to the temple of hip-hop and Sword Kem'po Lyrical rhyme nympho, B-boy Bob Digital Diamond crystal ring solid gold bone rituals

We be the humble most calmest individuals

Hard to spot microdots, we Sasquatch Stomp MC's, third eye Cyclops laser beam shots Being fired once the father get raised up We John Blaze up, abrasive heat, from the phaser gun

Never left for a stun Dunn, Atilla the Hun Type Killa Park Hilla, eighteen wheeler Mack's In the truck lanes, from the rugged grains Of Shaolin soil, the red wolves be prowlin'

Howlin' over the shit that got the whole world bowin' We spoiled, one thousand swordsmen One thousand recordings, one thousand Wu stores and One thousand rap tours and global insurance

Not your everyday occurrence My rhyme torments MC's with the fear of God You'll be cursed like Farad And struck by the iron rod

Hell's Wind Staff, the wrath of Black Titans

Niggaz battlin', sword swingin' Cutthroat women, whirlwind given save the children Escape the poverty for live and, let live Die by the mic, shadow skill by night

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Man-Mantis style isn't easy to learn A mantis is small, but powerful With it's arms, it can lift up Many times it's own weight

On behalf of the Wu-Tang Clan I'll display the Hong Kong

Shaolin King Kong poems slaps niggaz in half from Kwan'tan

Ten tigers scratch like Allah math, the Hell's Wind Staff Watch the eight diagram strike the diaphragm

Pierced lung minute from tongue double-edged sound the drum

Here I come as predicted, holdin' the raw seal, all heads kneel

7th Degree black mic skill is ill, listen to the guns holler Swallow the shell, East New York terrorist

Break fool to this, madness, crazy low-hand, grabs the mic stand

Smooth as water, Spat Seven Seas you've not yet mastered

Breathe and lungs wheeze, Earth kills I'm wreckin' MC's, blood spills, meadow is round

The piercin' sound of silence deafens ears, fires fears Wood sharp eagle claw tears, tree from bark Hard to maintain control when you leakin' I stand with the strength of Jobe and hold pressure that'll bust your head

While I'm teachin' civilization, one havin' knowledge Wisdom understanding, culture refinement Knowledge savage in pursuit of happiness Thunderous mantis, all chant this

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