

## **Rundgren Todd**

### **"Healing Part II"**

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Where you are going  
you cannot take your body  
You are on a journey,  
the baggage is too heavy

You can leave your legs behind you,  
you will learn to fly  
You can leave your arms behind you,  
you will touch the sky  
You can leave your head behind you,  
you are thought itself  
You can leave the rest behind you,  
you are breath itself

Now you are naked,  
there's no one here to judge you  
See the clear light  
shining high above you  
Then you're floating in the silence,  
you are not alone  
For the power of your being  
keeps you flowing on  
Look upon yourself  
only with compassion  
Strip away the shell  
hiding your perfection  
Though your past was full of darkness,  
now the past is gone  
And your life is starting over  
when it's just begun

Now you are whole,  
don't you recognize it  
Towering eternal  
behind the troubled thoughts that hide it  
Though at times it seems so distant,  
it is always there  
When you need its peace and power,  
you will know it's here

