

## Amebix

### "The One"

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Before the Earth was born we travelled from the stars  
We fell like comets from the universal mind  
We fused the elements within the rising sun

We are the north, the south, the east, the west, the  
one!

All sense of separation, this is your illusion  
All sense of segregation, just leading to confusion

We watched the mighty fall and Empires turned to dust  
The cities crumbling into the raging Sea  
We entered into life that took the human form

We are the air, the water, the earth, the fire!

All sense of separation, this is your illusion  
All sense of segregation, just leading to confusion  
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All sense of segregation, just leading to confusion  
All sense of separation, this is your illusion

We are the one

Spoken: Oh man look upon your Works and despair  
The fundamental essence ever was the same  
Born of our mother moon, our father sun above us all  
days

These principles ever were the same, we are in  
everything and all is part of you  
As it is above, so it is below  
Open up your eyes, stand at the center of the earth and  
look around you  
The north, the east, the south, the west  
The water, the air, the earth, the fire!

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