

## **Roster McCabe "The Traveler"**

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My feet are tired, from my long journey,  
My heart is heavy, with all my worries  
Devil at my heels,  
My pockets full of seeds,  
Life is too real  
This is what I need to keep cruising

And then you take a deep breath, and you move your  
feet to the sound  
And then you exhale real slow, and you move your feet  
of the ground  
Sing Ohh oh! Sing Ohh oh oh!  
You take another deep breath, and now you're singin  
out loud,  
And then you exhale again, but you cant come down  
down down down down,  
Sing Ohh oh! Sing Ohh oh oh!  
Long shadows on the ground, and the moon is bright,  
I move without a sound, and stay out of sight,  
River rushes by, THE water gives me speed,  
It brings me back to life, and nurtures my seeds to  
keep moving

And then you take a deep breath, and you move your  
feet to the sound  
And then you exhale real slow, and you move your feet  
of the ground  
Sing Ohh oh! Sing Ohh oh oh!  
You take another deep breath, and now you're singin  
out loud,  
And then you exhale again, but you cant come down  
down down down down,  
Sing Ohh oh! Sing Ohh oh oh!

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