

## **Karen Bella**

### **"Praise Up"**

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(Verse 1)

Take a look in the mirror  
And evaluate yourself  
Think about where you been, are  
Your life strength and health  
Hello  
Did you hear me?  
You need to get up outta that seat  
As we celebrate his name in praise  
Jesus, think about the ways he's made

(Vamp)

Through danger, seen and unseen  
You've kept me from  
From harmful things, ooooo  
And to show my gratitude to you  
Imma get my dance dance dance on

(Chorus)

Jump, if you feel you need to  
Dance, take advantage of this chance  
Stomp ya feet and throw your hands  
Way up  
Shout, let everthing that has breath  
Take your time and express yourself  
Felt the spirit it's time to send some  
Praise up

(Verse 2)

Take a look at your temple,  
Is it sanctified inside?  
Has your heart had a cleaning real good  
Has your soul been revived?  
Hello  
Are you listening,  
You need to move outta that row  
As we worship him in spirit and truth  
Hallelujah  
Thank him for what he's done for you

(Vamp)

(Chorus 2x)

(Vamp 2x)

(Special 1)

Move somethin, move somethin(repeat)

(Special 2)

Altos: oh

Sopranos: oh oh

Tenors: ay-oh

(Chorus)

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