Allen Iverson f/ Harlem World, Mysonne "Ruff Rugged and Raw"

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[Chorus]

Ruff Rugged and Raw That be the way you break it down for us all Ruff Rugged and Raw that was my life when I heeded His call

[Big Unc]

Im havin visions of the triple six and crucifix Dear Lord tellme what is this you know my mind be new to this

Not knowin what is right or wrong But knowin that my life ain't long

Or is it that my sight is gone

From shadow boxin demons all night long

then up early in the mornin on my knees I pray

then off to work for minimum wage

Like a slave on my feet I stay

Wonderin what would it be like, seems I could only imagine

To get a record deal a beat from Quick, but it ain't gon happen

So I'll keep on bail through this hell, tryin to get a piece of heaven

Thou shall not kill, but I'm surrounded by convicted felons

Wit shakles on my feet, and shakles on my wrists Limitations got me weak but desperation wont let me quit

And plus I'm bein judged by the color of my human skin but thats alright, cause we all gon be judged when time comes to an end

So I choose to ride until the day that I choose to die for my Lord and Savior Jesus Christ We gon teach them how we really ride

[Chorus]

[Big Unc]

Dear Lord help me, I'm stuck, I'm trapped In a hell on earth is wheere my spirit is being kept at Wit iron bars and concrete wit my fist I beat Bangin rhythms is how I give them spiritual food that their souls can eat

defyin the laws of physics is how I exhibit

Things that prohibit life and death beyond the other limits

Why is it that we listen to thugs instead of preachers The 1's who have no love instead of the 1's who wanna teach us

About theses biblical prophecy's thats bound to happen Like earthquakes, rumors of wars, and the hearts of men collapsin

Perhaps you dont wanna hear that

Rather roll another joint, and twist back your beer caps Man, its so pitiful, how we think so dang minimal Instead of bein individuals, wanna live like them criminals

Being blinded by the devil's lies
Time to open up the rebel's eyes
Get your head up, out the sky
And quit being Christians in disguise, and let's ride

[Chorus]

[Big Unc]

See I fell victim to yo lies along time ago but devil yo end is near, so wont you let God's people go

Out of this hell where weak hearts and minds bein kept in control

Inside the belly of a lost soul, where no one really knows

What its like when the one you love always wants to hit ya

And yo friends say that understand

But take a look around, they ain't never wit cha

Besides you dont need the, do it by yourself

when you choose betweem the drugs and the bible that be on your shelf

See 1 kills and the other heals when you put it inside of your hand

Dont let no leaf form another land

Tell you, it will make a you man, understand

its just a trick, its just a plot

It ain't legit, have you twisted like a knot

Now you're caught

wantin to do more and more until you just can't stop

Then you wake up 1 morning and realized you're

hooked on rocks

But it ain't over, by no means yo soul ain't lost

Just take it the one who hung apon the ruff and rugged cross

[Chorus]

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