

## **Amanda Wilkinson**

### **"It's Okay To Cry"**

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Somewhere along the way, we talked to keep it all  
together  
We masked the pain we feel inside, to make everyone  
else feel better  
You wrap your arms around yourself and bury all your  
sorrow  
You can't hide from your emotions baby, they'll still be  
here tomorrow  
If your heart won't let it flow, I want you to know

It's okay to cry  
(Everybody's gotta hurt sometime)  
Let those tear drops fly  
(Don't even try to dry your eye)  
Don't keep it all inside  
(In the mornin' it'll be alright)  
It's okay to cry

First you gotta fall apart to pick up all the pieces  
If you don't learn to let it go, the pain inside increases  
It takes more strength to hold it in, than to give in and  
surrender  
Why's the first thing that we learn, the last thing we  
remember?  
Baby, tears don't make you weak, if I could only make  
you see

It's okay to cry  
(Everybody's gotta hurt sometime)  
Let those tear drops fly  
(Don't even try to dry your eye)  
Don't keep it all inside  
(In the mornin' it'll be alright)  
It's okay to cry

It ain't nothing at all  
Sometimes you gotta break down  
And let 'em fall  
Baby, that's true

Ohh, it's okay to cry  
(Everybody's gotta hurt sometime)

Let those teardrops fly  
(Don't even try to dry your eye)  
Don't keep it all inside  
(In the mornin' it'll be alright)  
It's okay to cry, it's okay to cry, ohh

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