

**Richie McDonald****"Slowdown"**

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We say hello we say good-bye  
You go your way and I go mine  
We're off to work, we're running late  
Traffic's worse than yesterday  
We're always in a hurry you and I  
And we watch what really matters pass us by

Let's slow down, let's catch our breath  
Heaven knows our hearts could use a little rest  
Sometimes our world spins so fast  
Just hanging on takes everything we have  
And we forget what life's about  
Let's slow down, let's slow down

There was a time, remember when  
Life was sweet and simple then  
If we could find that place once more  
We'd find the peace we're looking for  
The more we get the more we want, it's true  
Baby all I really need is more of you

Let's slow down, let's catch our breath  
Heaven knows our hearts could use a little rest  
Sometimes our world spins so fast  
Just hanging on takes everything we have  
And we forget what life's about  
Let's slow down

We're always in a hurry you and I  
We've watched what really matters pass us by  
Too many times

Let's slow down, let's catch our breath  
Heaven knows our hearts could use a little rest  
Sometimes our world spins so fast  
Just hanging on takes everything we have  
And we forget what life's about  
Let's slow down, let's slow down  
Let's slow down, let's slow down

