

Regine Velasquez

"I Can't Help It"

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Ohhh...I
What a fool boy I am
First a boy and then a man
And now, And You
Your the heart of it all your the things I say and do
Am I wasting my time hanging around
You would be gone

But I can't help it
Every moment that I think about you
Everyday and every night without you
I can't survive

(Chorus) :
Love take away the lonely days gone by
Makin' everyday for you and I
Givin' me a chance to go on believin'
Girl, you gotta go on believen

Boy, you gotta go on believen

Baby your the breath I take
Commin' from a heart inlove am I
And you your the heart of it all
Your the things I say and do
Am I wasting my time hanging around
You would be gone

But I can't help it (yeah)
Every moment that I think about you
Everyday and everynight without you
I can't survive

Love take away the lonely days gone by
Makin' Everyday for you and I
Givin' me a chance to help it (yeah)

Every moment that I think about you
Every day and everynight without you
I can't survive

La la la la la la la la
la la la la la la la la.....

I can't help it
every moment that I think about you
Everyday and everynight without you
I can't survive

Love take away the lonely day gone by
Makin' everyday for you and I
Givin me a chance to go on believen

La la la la la la la la la
la la la la la la la la la la.....

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