

## **Adrenaline Audio**

### **"Get Down"**

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Lavishly our lives are wasted

Humbleness is left untasted

You can't live your life to please yourself (yeah)

That's a tip from my mistakes

Exactly what it doesn't take

To win you've got to come in last place (yeah)

To live your life you've got to lose it

And all the losers get a crown

CHORUS

I get down and He lifts me up

I get down and He lifts me up

I get down and He lifts me up

I get down

All I need's another day

Where I can't seem to get away

From the many things that drag me down (yeah)

I'm sure you've had a day like me

Where nothing seems to set you free

From the burdens you can't carry all alone

In your weakness He is stronger

In your darkness He shines through

When you're crying He's your comfort

When you're all alone, He's carrying you

CHORUS 2X

Everytime I'm down the Lord lifts me up

This vally is so deep

I can barely see the sun

I cry out for mercy, Lord

You lift me up again

REPEAT CHORUS

Everytime I'm down the Lord lifts me up

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