Adina Howard F/ Cam'Ron, Charli Baltimore ''Mind Over Matter''

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It's the immaculate conception

Accurate connection

Dangerous selection

Hazardous to your profession

With no trajection, your whole game lacks direction

Prime time

My will outshine your reflection

McGyver-like

Creating bombs with mics

Inviting my pen to write

Is like igniting dynamite

'Cause when the Mic recites

Enemy crews unite for defenses

Leaving MCs as past-tenses

It' senseless for you to even hope for

You think you're doper?

I'll have you on the sofa

Crying out to Oprah

My words stimulate the nerves in your brain tissue

With lyrics that'll leave you spinning like Yoshimitsu

Clear like crystal

Banging like nuclear missiles

You know the issue

When your homie is singing "I miss you"

It's official

With deadly flows leaving rappers John Doe

To make them say

"Yo, I don't rhyme no more"

K-O got you falling down like a roots video

In slo-mo, running things fo' sho'

CHORUS

It's all about mind over matter

It's all a matter of time

Before I go for mine

Drop the dotted line

I'd rather be the unsigned hype

Than the type to be the unhype signed

Like a lot of lyricists in our time

I can't relate with

The way we formulated rhymes

Is algebraic

Most of ya'll are still stuck in it

Need to quit

Or become celibate

And not f*** with it

Trying to duplicate the format

Amazed at how we manipulate a four-track

Show you right

K-O keeps the flow tight

For every Clark Kent

I present the kryptonite

Ain't no stopping me

Exercise mic control

Like it's stolen property

Philosophizing thought

Plato and Socrates

A demonstration into how to rock properly

K-O making you nauseous

Better remain cautious

Utilize discretion

Tight flow for K-O is an obsession

My life is all about progress and progression

It's all a matter of time

No question

CHORUS x 2

K-O rap flow

Like making a gat blow

Verbal .44

Waiting to straighten your afro

Hot lyrics got you thinking

We're drinking tobasco

You wanna be an MC?

Get what you ask for

Yo, these homo Mcs speed is slo-mo

Yank and lick shots

And still be bobo

On the d-low pack the verbal .44

Got the po-po

Running like Flo-Jo

K-O's some naturally talented mo-fos But since '92 we've been in the shadows Most of all these hi-pro rappers are so-so But they ain't never met with the threat of K-O

You need to lay low

I hit MCs like a free throw We lay down the classic vocals like Peabo Bumrush the show like troops in Kosovo K to the O Your rap virtuosos

CHORUS

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