

Ray Koefoed

"My Poisonous Friend"

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This was one of my first attempts at writing a song. It was meant to go with the instrumental track I posted of the same name. I didn't like the way it sounded with my vocals so I scrapped it. I had not ever added vocals to a song at that point.

The song is supposed to be about a battle with addiction, if that isn't obvious.
(the lyrics put in parentheses are meant as back up vocals)

Just a little something to clear the static from my mind,
and after that I will be done.
It takes the edge off. It helps me to unwind.
This is my way of having fun (isn't it fun).

This is our last date my poisonous friend
(this time I swear it's true).
I'll wake up ashamed of myself again
(I'll blame it all on you).

Don't you have something better to do than criticizing me?
Why won't you just leave this alone?
If I'm not the man you wish that I would be,
the man I am may be better on his own.

This is our last date my poisonous friend
(this time I swear it's true).
I hate you when you make the feeling end
(I know you hate me too).
I'll wake up ashamed of myself again
(I'll blame it all on you).
I don't want my fate to be poison
(nothing more that you can do).

I have to make a change today.
I have to make a stand.
I've pushed everyone I love away,
now I'm the only one who can.

This is our last date my poisonous friend

(this time I swear it's true).
I hate you when you make the feeling end
(I know you hate me too).
I just want to be myself again
(I can't keep blaming you).
I won't let my fate be poison
(now you and I are through).

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