

## **The Juliana Theory**

### **"Shell of a Man"**

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I won't nurture, and feed this bitterness  
It's worth it, seen any of this  
Love and forgiveness  
Our time is and true  
I know you're full of fear  
I hope I'm never like you

I won't nurture, and feed this hate  
It's empty and doesn't change a thing  
Love will endure when it comes to the end  
I see you're insecure  
I know there's hope for you

Why can't I let go?  
I'm only the shell of a man  
I'm lost in myself  
And afraid of who I really am  
The shell of a man

I won't nurture, and feed hostility  
It's pointless to dwell on my anger  
Love is the answer innate as it seems  
I know you're full of hate  
I hope I'm never the same

I won't nurture, and feed this hate  
Imagine the magnitude of  
Love that is giving the chance to prevail  
I see you're full of tears  
And I can sense you're here

Why can't I let go?  
I'm only the shell of a man  
I'm lost in myself  
And afraid of who I really am  
The shell of a man

Take what you want to  
Now that you got the chance to  
Take it, why don't you?  
Now that you got the chance to

Why can't I let go?  
I'm only the shell of a man  
I'm lost in myself  
And afraid of who I really am  
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Why can't I let go?  
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