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Q-Tip "The remedy"

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Yo, we all got different things we got to deal with. We always are trying to put the blame on something else rather than sometimes looking at ourselves, recognizing a lot of the stuff that happens...but if we look within ourselves, we could prevent a lot of this nonsense. It's about relating back to the essence, where it all stems from. I'm-a do my thing over this drum, like a native tongue.

Verse one

Q-Tip:

Do what you will, if you feel that your steeze is real complicated with the skills over reel to reel brown skin is what i feel, my mind and body's appeal is to the no-frill mills, who hear the beats to chill constantly, I'm hearing Black Americans just sneering Looking for a leader who can fill us up with either Hitting us up with great emotional chat about the fact that the black is constantly held back Like 50 tracks back in a relay race and the white team's ahead so let's keep up the pace And I be needing something To feed my logical taste At the end of the race is there a paradise place? Yo, we can't get involved in what the next man is doing Material gain we put too much in persuing "Yo duke, I need this dough so we can step to this party" But we can all mardi grati Minus that shit in our body

You can't run the Rolls Royce if the engine is busted.

"What that got to do with that" 'Cause kid that's the essence,

your physical presence embodies every lesson Can't even life the knife to cut the mustard.

What we need to do first

Now listen to this verse

Let's concentrate on our spiritual plate.

Recognize your existence in this vast blue space

From a tiny cloud of blood

To the human beings with taste, sight, touch, smell and sound

Let's deem it profound!

And prioritize this cause it was Allah's wish

"Allah? I'm God"

"No I ddon't believe that. That's a mystery"

"If God is so good why does shit be happening to me?"

There's divinity within

because we come from the divine

A froce that's not seen But you feel it every time

When the wind blows, and the world turns,

and the rain drops, and the baby cries

and the bird flies, and the ground quake,

and the stars gleam

So many things are eident of its existence

What we need to do is link it with persistence

Once we recognize that, we can move ahead

Native Tongue, Common Sense yo he's Hip-Hop bred...

Common:

From the spiritual world my former life has developed

First person I lost close to me was Stella

Some of my mellows

Lost their mothers and their brothers

For them I feel empathy

But I ain't pouring out no liquor for no niggas

I pour my heart out when I see Dot out on the deck

Knowing two weeks ago he slapped-box with death

I hear of niggas dying in the wind-in the news

But when it's somebody you know it hits you

and emotions get bruised

I ain't been in your shoes,

I won't judge you for knocking

Because the spirit of the ghetto says "You Gotta!"

They snatch you again from rock flippin'

Give back into the neighborhood, you better start

kickin'

Stickin' stores

On the strip

I'm tired of Arabs giving me my change back

Devil bomb my yesterday

My tomorrow he never gave back

I lay back, looking at the ceiling

Wonndering what can I do

So my homie won't have to be dealing

Not cause you serving and I'm rapping I'm better
Just different pieces to the puzzle of black life
That we have to put together, better ourselves
cause families we gotta raise
No matter how long the money
Shorter become the days
Men become like women
and no difference in the season
If you got popped five times
You breathing for a reason
Let's put the five tenure plan into progression
Before we count our paper
Count our blessings

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