

## **Aloha From Hell**

### **"Don't Hurt Yourself"**

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You always take a different way  
Without facing consequences  
I wonder if your hide away  
Has high fences

Should I try and break those chains  
Get inside your deepest feelings  
The anger running through your veins  
Won't stop the bleeding

Don't hurt yourself  
Don't hurt yourself  
'Cause you are gorgeous  
Don't hurt yourself  
Don't hurt yourself  
No more

I wish that I could understand  
The reason for your self-destruction  
Driven by your own demands  
You seek distraction

A moment and the pain is gone  
A feeling that is most relieving  
And this will keep going on  
Can't stop the bleeding  
Stop the bleeding

Don't hurt yourself  
Don't hurt yourself  
'Cause you are gorgeous  
Don't hurt yourself  
Don't hurt yourself  
No more

Underneath the scars  
A life so young  
But the wounds  
Can heal on anyone

Don't hurt yourself  
Don't hurt yourself  
'Cause you are gorgeous  
Don't hurt yourself  
Don't hurt yourself

No more

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