

## The Frames

### "Angel at My Table"

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There's an angel at my table  
And she broke her wings  
She's packed her things  
She said I'm the only one she'll turn to

But there's a devil on my shoulder  
And he's telling me she's so beautiful  
That I should go up there and hold up  
She's looking on

How can I stay here  
It wouldn't be what she wants  
And I'm trying to break it easy  
But she's pleading with me

Will you be my anchor  
When there is no-one around to hold me down  
Will you be my anchor  
I know you're not the answer

There's an angel at my table  
And she's blessed the breeze  
That blows in between her and everything  
She's left in that (heaven)  
And I wish she'd call  
'Cause that devil's on my shoulder  
And he's pulling me down  
And I'm trying to keep a balance  
But she's begging me

Will you be my anchor  
When there is no-one around to hold me down  
Will you be my anchor  
I know you're not the answer

There's an angel at my table  
She said I'm the only one she'll turn to  
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