

Poor Old Lu "Tried And True"

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This song was one of the tracks that had some arrangement changes between the demo versions and the version that ended up on Mindsize. It was for the better, I think. In retrospect, this is one of my least favorite songs from Mindsize. It's not that it's a bad song, per se, but it just wasn't a strong track. If you read through the lyrics, you'll also notice that the word 'Mindsize' was derived from this song.

This song's main focus is substance abuse, in any form. The reasons behind any addiction are weak, to say the least, but also very real - very tangible. Our physical and spiritual escape from these addictions needs to start with the Lord... "Please call His name..."
What kind of lies have led your despise
Have stung your mindsiz
Tried and true no gain

Yes it's true that things are upset
Wrapped in substance
Please call His name

This sort of drug has got you thinking
Well I think you're sinking
And it's all the same

It's simple now you think you need it
Well I think it's sickness
Please call His name

Blue now thru and thru
And I see you're gone
Content in a reason bent
Please don't take too long

Another trip, another day lost
And in whose cost?
What do you claim?

Well I believe in truthful glances
And second chances
Please call His name

Feelings of joy, mindless toy
Could you get by, and never get high
Feelings of joy, mindless toy
Could you restrain, would you complain
Feelings of joy, life unsoiled
My Lord gives a new life
Don't, don't take a long time

What kind of lies have led your despise
Have stung your mindsize
Please call His name

Blue now thru and thru
And I see you're gone
Content in a reason bent
Please don't take too long

Stop it's always me and me
Like the other song
He shines with grace and peace
So don't take too long

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