

The Aquabats

"Pinch And Roll"

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Everyday when I get in my car
It's a Honda, you know
I sit on down but I don't get too far
You wanna know why?
'Cuz I've gotta reach down
And scratch an itch
In an area, an area
That's so sensitive
So I do a

[Chorus]

Pinch and Roll [x2]
(Everybody do a) Pinch and Roll [x2]
(If you're itchy do a) Pinch and Roll [x2]
(We don't scratch, we do a) Pinch and Roll [x2]

*So if you've got a problem
You know what to do
Whether you're watching TV
Or sniffing airplane glue
Which we don't do
Now the girls don't know
But us guys we all know
How to do a little dance
We call the Pinch and Roll
And we do the*

[Chorus]

*Pick it up, pick it up, pick it up
Pinch and roll, pinch and roll
Everybody does a pinch and roll, pinch and roll
(If your in school you do a) pinch and roll, pinch and roll
(don't be a fool, you do a) pinch and roll, pinch and roll
Everybody do the pinch and roll*

*(Cinco de Mayo
I pinch and roll all day
I pinch and roll all night
And if I got an itch, the pinch and roll is right
To relive my little icth, we got to pinch and roll it now,
i've got to fix it now*

We pinch...oh yea
A ragamuffin, a blueberry muffin, my dog is named
muffin, i'll butter your muffin.
Baby, maybe.
And now it's time, to pick it up
To pick it up, pick it up, pick it up
(faster) pick it up, pick it up, pick it up!

Now if you've got a rash
Or a minor glitch (hey, hey, hey, hey)
Stick your hands on down
And give yourself a big pinch (ah!)
Then you roll it around
Around and round it goes
But after you're done
Make sure you know where it goes
Not in your nose!

[Chorus]

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