

## Pocket Full Of Rocks

### "Restrain"

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Get on down off your ladder  
Come out from the rain  
Can't you see that there's no one to blame  
And I got that feelin'  
That we're playin' the same old game

You better get on the run  
'Cause you know it's no fun  
Restrain yourself

Can you tell me  
Is it for certain or does it depend  
Upon a feelin' that refuses to bend  
Victim of circumstance you'll say to the end  
And you pay no mind  
You just watch it pass by  
Restrain yourself

Restrain yourself till you can't restrain no more  
Can you tell me why is it you sigh  
Is it because of a need you deny  
So come on up and deliver  
What you really know  
Maybe discover what it feels like  
To grow

But you're just a mirror  
Reflecting a show  
Quiet on the scene now  
Come out and take a bow  
Don't restrain yourself

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