

## Abreaction "Coming Up For Air"

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I'm coming up for air  
I feel the world around me  
Crumble in despair  
Everything feels empty

I'm coming up for air  
Cause everything feels thicker  
And I wonder if you care  
Cause my time is fading quicker

I don't have the answers  
To why you feel so hurt  
You can cry on my shoulder  
Before it gets worse

Remember in the kitchen when you said goodbye  
I had to grab my shirtsleeve there were tears to hide  
Departing my old lifestyle and departing you  
Which was more important? Neither felt so true

I'm coming up for air  
Hopefully there's some left  
It never is too easy  
To pass all these tests

I don't have the answers  
To why you feel so hurt  
You can cry on my shoulder  
Before it gets worse

Maybe I just think way too much  
About your perfume and your warm touch  
I threw away all the letters you wrote  
Except for that one last goodbye note

And the air is depleted  
There's nothing left  
You took the rest

So I'll have to start life over  
But you're gone  
So you won

So you won

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