

Allan Sherman

"This One's For You"

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Once I first heard the sound of ska
Then my feet began to move
My legs and arms got a life of their own
To this beat they can't refuse

I'm telling you
Ska, rocksteady, ska, rocksteady
Ska, rocksteady the jamaican way
Ska, rocksteady, ska, rocksteady
Music the jamaican way

Once bitten and twice as shy
But this beat I can't deny
This fly is here to stay
Now give me ska the jamaican way

I'm begging you
Ska, rocksteady, ska, rocksteady
Ska, rocksteady the jamaican way
Ska, rocksteady, ska, rocksteady
Music the jamaican way

Third time and I knew I was lost
And now I'm ska'd for life no matter what the cost
Ska music for a better day
Now give it to me the jamaican way

I'm telling you
Ska, rocksteady, ska, rocksteady
Ska, rocksteady the jamaican way
Ska, rocksteady, ska, rocksteady
Music the jamaican way

I'm begging you
Ska, rocksteady, ska, rocksteady
Ska, rocksteady the jamaican way

Ska, rocksteady, ska, rocksteady
Music the jamaican way

I'm telling you, yeah

I'm begging you, yeah
I'm telling you, yeah
I'm begging you, music the jamaican way

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