

## **Paul Kantner**

# **"Your Mind Has Left Your Body"**

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Lyrics & Music: Paul Kantner

You have left your body be aware if you care  
Your mind has left your body and for this one moment  
you are

Under the polar ice cap in a place we call home  
How is it there white bear like that where you grow...

Now all of you come back to here and now elsewhere to  
there  
Move on out the other way where...  
Do you find yourself floating growing there

chorus

Riders of the rainbow  
Let it grow let it grow

You can exercise your mind on where you want to go  
And y'can see the city lights flashin' two thousand  
miles below you

You can feel the sands of Zanzibar or pierce the  
nearest sun  
Find out what and who you are and if you need to run  
chorus

Riders of the rainbow  
Let it grow let it grow  
There is one moment in your life and it can come at any  
time  
And you remember all of what went on from the instant  
you were born  
Thru your early years

And if you can fasten on that moment and expand thru  
the afterglow  
You can reverse your mind in time and travel back to  
when

The earth was formed

The sky was born  
And the universe began

chorus

Riders of the rainbow  
Let it grow let it grow  
You have left your body  
Return when you may

Save it for another day... beyond you

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