

## Atlas Losing Grip "Heartbeat"

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I stayed up all night thinking 'bout the things you said  
to me.

You know I think you might be right after all,  
I always tend to see my life...

From a negative perspective, I just can't stay objective.  
Forgetting about the good things I've been through.  
I should consider myself lucky, but somehow I forget.  
Like when I'm feeling stuck here and my stubborn mind  
Is set on justifying my resentment on convincing  
myself.

LIFE FUCKING SUCKS.  
But I can blame no one else.  
I'm the mastermind creator of it all.  
Keeping myself down to avoid the fall.

I wallow in self-pity 'till I drown.  
There's no one like myself to bring me down.

Can I ever forgive myself?  
For not savoring the moments that are now forever lost.  
Convince myself it wasn't all a waste.  
And that I did not throw my life away.

So hold on to the moment before it slips away...  
Slips away, slips away...  
Or you'll never forgive yourself.  
For not savoring the moments that will be forever lost.

DON'T THROW YOUR LIFE, THROW YOUR LIFE AWAY.  
And think of all the things in life that we all take for  
granted,  
Cause before we know it, it's all gone.

In a heartbeat, it's all gone.  
In the blink of an eye.

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