

Atlantic Aftermath

"How To Stop An Exploding Man"

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Three years Iâ€™ve thrashed myself around trying to
find some peace
I never failed to overcome but I walk with apathy
But nothing comes close to the times
I blew my lungs out screaming the thoughts most keep
inside

I blast those sad songs in the park with my friends after
dark
I watched the world change
I watched there faces fade
[x2]

Looking back at all of times I could have broken down
Spit in the face of your regret, I always stood my
ground
Iâ€™ll always make do and men
I will defend these words till Iâ€™m black and blue or
dead

I watched you shatter to pieces
Your pride now litters the ground
You couldnâ€™t hold it together
I watched you slip away, I watched you drown

I blast those sad songs in the park with my friends after
dark
I watched the world change
I watched there faces fade
[x4]

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