

## **The Pale Pacific "Reasons To Try"**

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I've been up and down, down and up and I'm bruised  
and feeling sad life is unfair I cry and I complain 'cause  
I'm so mad lying on the floor today like yesterday I'm  
the laziest you've ever seen I want change and want it  
now but not if I have to change my routine I need  
reasons to try I need that push to get up and go! I give  
up, change is math that's way over my head tell me  
about the hope and the movement that finally gets me  
out of bed I point my finger and frown and talk, talk  
down and make myself sick I've avoided guilt for most  
of my life and blame is what did the trick I need  
reasons to try I need that push to get up and go! Don't  
you know you let me down (you know you let me down)  
all the times you're not around? (the times you're not  
around) I want reasons to try (I want reasons to try) I  
need that push to get up a

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