

Pain "Goggins"

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She had to much to tell

But not a thing to say.

They said "We hope you're doing well"

As she cut her teeth into the day.

Pounded on by confounded fools

With neurotic oppressing ties.

Beaten down by the Golden Rule

Defending all true blessed lies.

Hate to see you bound by conditions

Of those with the breadfan and no life.

Do your best, never test the restrictions,

Why does your mother keep calling?

Take a chance if you want and leave their world behind.

Chalk 'em up as nothing more than Goggins on your
mind.

Watch out if you feel them crawling up and down your
spine.

Make a stand if you want to crush the Goggins of your
mind.

600 misguided miles of self-loathing diaries,

Estranged doctor files and pills prolonging misery.

Months and months went by, no one could figure out

What made her sulk and cry, and what on earth she's

thinkin' 'bout.

She'd gone hunting for affection

With delusions in search of prize.

He begged "I already have a reflection, must you
persist in stalking?"

Let him go if you want to stop wasting all your time.
Don't fall prey unto the Goggins of your mind,

Break away if you feel the need to leave it all behind.

Take a stand and wash your hands of Goggins in your
mind.

Nightmares and voices and mood swings no choice,

Is it you, is it me, or something I can't see?

What is the reason for this soul of treason,

Why do yourself in this way? Doh!

Just barely 5 feet tall, prayed for the worst to pass.

Ridiculed he'd heard it all, never chosen, never asked.

Sorting through the medicine when In walked his old
man.

Said "I got something for ya" and kicked him in the
cans.

"Now you can run if you want to but I doubt you will get
far.

You gotta take it to the root of all your fears and scars.

Take a break when you find you're losing all your cool
and rhyme.

You're only being taunted by the Goggins in your
mind."

Take a chance if you want to and feel free anytime

To chalk 'em up as nothing more than feelings so
unkind.

Break it down if you see the wall is way too high to
climb.

Here's your chance to split the skulls of Goggins in
your mind.

Ooh ohhh ohh Na na na na naa oohh

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